



dance & fitness studio

HEATHER DIXON'S DANCE & FITNESS STUDIO

Studio Location: 748 2nd Ave E. Owen Sound ON N4K 1R1

519 373 9075 heatherannedixon@hotmail.com

ADULT DANCE AND FITNESS

Registration Forms

SEASON 15 -SEPTEMBER 12TH 2022 UNTIL JUNE 30TH 2023.

ONLINE ZOOM CLASSES and LIVE @ our new location!!

748 2nd Ave E Unit 2 Owen Sound ON N4K 3G1

Please Print

Name: _____ Age _____

Address: _____ City: _____

Province: _____ Postal Code: _____

Date of Birth (M/D/Y): _____ Home Phone: _____

Email: _____

Home Phone: _____ Cell Phone: _____

Place of Business: _____

Business Phone: _____ Ext: _____

Emergency Contact: _____

Relationship: _____ Phone: _____

ALL Medical Information to be kept on file

NOTE: DUE TO COVID-19 -MASKS ARE A PERSONAL PREFERENCE!

PLEASE SANITZE WHEN ENTERING THE BUILDING!



...For the Joy of Fitness and Dancing

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**FITNESS & ADULT DANCE SCHEDULE
SCHEDULE IS SUBJECT TO CHANGE.**

**All fitness and Zumba classes are \$35+ HST per month
The Adult Hip Hop and Ballet Barre Class are separate Monthly Fees
Fitness Classes can be recorded by Zoom and emailed as well!**

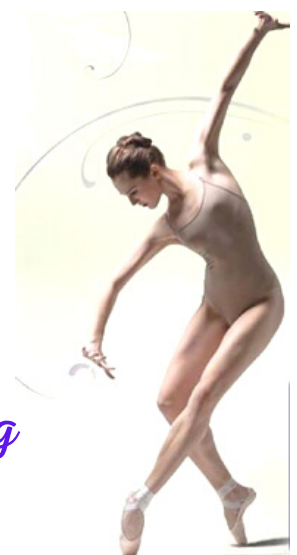
indicate you class of preference by circling the class (es)

		5 Month minimum Sign Up	\$12 Zoom drop in/\$15 Drop in Live @ Studio	Location
Monday				
11:00 AM		Sculpting Class	Heather	ZOOM
Tuesday				
6:15 PM		Adult Hip Hop	Bonita	\$345 + HST per Term ZOOM & LIVE
Wednesday				
11:00 AM		Target Toning	Heather	ZOOM
Wednesday				
11:30 AM		Zumba	Bonita	DROP IN LIVE @ Studio
Thursday				
9:30 AM		Strong by Zumba	Bonita	ZOOM
7:15-8:15 PM		Adult/Teen Ballet Barre	Heather	\$345 + HST per Term LIVE @ Studio
Friday				
1:00 PM		Zumba	Bonita	ZOOM



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**Payment Form
CIRCLE PAYMENT OF CHOICE**

A) Paying in Full for the Term

- FIRST PAYMENT DUE AUG. 20TH, 2021.
- TERM TWO PAYMENT DUE JAN 20TH, 2022.

B) Paying monthly- The 20th of each month starting Aug. 20th, 2021.

CHEQUE EFT CASH CREDIT CARD

**Fees payable Heather Dixon's Dance and Fitness Studio
Mailing address: 255 8th St. West, Owen Sound ON. N4K 3M3**

E-Transfer

**E-transfer to: heatherannedixon@hotmail.com (Automatic Deposit).
Please specify in the E transfer message what the payment pertains to.**

Credit Card (Applies to 10 months full payment only)

Visa and MasterCard can be processed immediately by filling out the information below or can be made at the studio. Visa MasterCard

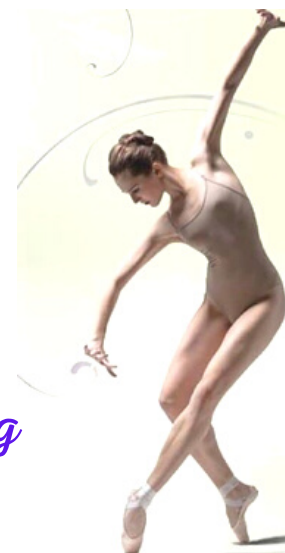
**Credit Card #: _____ Security Code: _____
Expiry Date: _____ Name of cardholder: _____
Postal Code: _____**

**Student / Guardian Signature: _____
Date: _____**



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Waiver-ON LINE ZOOM CLASSES & IN STUDIO

The undersigned releases Heather Dixon's Dance and Fitness Studio from any and all liability. Signature on this release form indicates that I have read and understood all information, policies and procedures associated with Dixon's Dance and Fitness Studio and all Dance Classes taught online Via Zoom NO REFUNDS. The studio may use all photography and video for promotional purposes. Students are also aware that they may be recorded during zoom classes to make available to fitness members when unable to attend classes via zoom or in person.

X: _____ Date: _____
Signature of Parent or Guardian

Fitness class & Personal Training Waiver

Each participant in the Dixon's Dance and Fitness Studio's Personal Training/Fitness Classes should realize there are risks inherent in such training. Each participant in Personal Training/Fitness Classes should be covered by an accident and health insurance policy. It is the responsibility of each participant to participate only in those activities for which he/she feels no pain or large amounts of discomfort and to let the Personal Trainer/Instructor know if such pain occurs. Therefore, in consideration of the benefits received from the Personal Training/Fitness Classes, the undersigned assumes all risks of damages or injury that may be sustained by him/her while participating in an exercise activity.

X: _____ Date: _____
Signature of Parent or Guardian



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